



2009 Adult League Rule Handbook

Adult League rules are subject to change at the discretion of the League Director at any time during the course of the season.

Player Rules

- ABSOLUTELY NO FIGHTING
- NO CLEATS
- NO JEWELRY
- NO SLIDE TACKLING
- SHIN GUARDS MANDATORY AND WILL BE ENFORCED
- SHOW GOOD SPORTSMANSHIP AT ALL TIMES

Team Rules

- ALL TEAMS MUST HAVE APPROPRIATE UNIFORMS OR MATCHING SHIRT COLORS
- NO REMATCHES ALLOWED
- NO ADDING OF PLAYERS TO ROSTER AFTER 2nd WEEK OF SEASON
- MINIMUM OF 6 PLAYERS REQUIRED TO START GAME
- \$100 PENALTY FEE WILL BE INCURRED IF A TEAM FORFEITS A GAME

Spectator Rules

- NO OUTSIDE FOOD OR DRINK IS ALLOWED IN THE FACILITY
- NO FOUL LANGUAGE, OR VULGAR CHANTING FROM FANS
- NO SMOKING OR ALCOHOLIC BEVERAGES ON PREMISES
- CONTINUOUS VERBAL ABUSE TO REFEREE OR LEAGUE OFFICIAL WILL RESULT IN A 2 MINUTE PENALTY IN FAVOR OF OPPOSING TEAM
- SPECTATORS ARE RESPONSIBLE FOR SIBLINGS AT ALL TIMES

Scheduling

Games cannot be rescheduled or changed once the league schedule has been posted on the Long Island Rough Riders website. **No exceptions!**

Kick-off

The soccer ball will be placed on the X mark, located in the center of the field, to start games and after goals are scored.

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- Opposing team must stand 5 yards back from the kick off marker.

No Goal

- If the ball is kicked directly in on a kick-in, a kick-off or an indirect free kick
- If a team scores with 8 players on the field, NO goal will be awarded and the team will be awarded a 2 minute penalty.

Boundaries

No throw-ins. Balls that go out of bounds will be played in by a kick-in -- ball must be completely stopped and placed on the line where the ball went out. Players must stand 5 yards away from all kick-ins. In-bounding team has 5 seconds to get the ball in play, otherwise they will lose possession.

Other boundary rules:

- Goal kicks must be taken from within the goal box.
- Corner kicks must be placed on designated line or between line and corner flag

Online Team Roster

- A completed online team roster is due prior to the first scheduled game
- Coaches may submit additional players to the roster, not exceeding 16, up until the second week of league play
- Rosters are not considered complete if players do not fill out an insurance waiver form
- Six field players and a goalkeeper consist of a team.
- Coaches may not add, cross out, or substitute players once the roster has been submitted
- Players cannot play for another team in the same league

- Coaches may not enter the field at any time unless the referee permits - failure to comply will result in a two-minute penalty
- Goalkeepers who are substituted must be differentiated with a different colored team shirt

Playoffs

The top four teams in the league will advance to the playoffs. The 1st place team will play the 4th place team. The 2nd place team will play the 3rd place team.

There will be a 10-minute overtime period during playoffs if a game is tied after regulation time. The overtime period is sudden death; first team to score wins.

If a goal has not been scored during the 10-minute overtime period, penalty kicks will determine the winner. Three penalty kicks will be awarded to each team. A sudden death penalty kick round will take place if a team is not victorious after the first round.

Awards & Trophies

The first and second place teams are awarded a team trophy. The Champions of each league will be awarded a cash discount on their next season in the Rough Riders Indoor League.

Fouls & Penalties

The following card system applies for fouls and penalties at the Training Center:

- Yellow Card = Two Minute Penalty
- Two Yellow Cards = Player Ejection from Game
- Red Card = Player Ejection from Game & Following League Game

Two-minute penalties occur when:

- Physical confrontation between players on or off the ball
- A player blatantly fouls another player
- A player delays the game in any form
- A player or coach who consistently argues with the referee
- A player, coach or parent uses abusive language
- A parent from a respective team does not comply with the parent acknowledge form or argues with a referee and/or league administrator

Forfeited Games

The coach of the forfeited team agrees to pay a \$100.00 penalty fee when his/her team forfeits a game. Failure to submit the \$100.00 penalty fee prior to the next scheduled game will result in the team's dismissal from the league. Additionally, the forfeited team will be penalized three (3) points from the league standings on top of the forfeited game.

- Teams who are 10 minutes late to their scheduled game will automatically forfeit their match
- Teams who have less than the minimum number of players required at the start of match will forfeit their game
- No rematches or makeups will be awarded
- If game is forfeited, the opposing team may utilized game time slot for team training or an inner squad game
- No refunds of any kind are given once the team has registered in the league

Sportsmanship

Players, coaches and spectators are expected to act in the nature of good sportsmanship at all times. There will be no abuse of referees or league officials tolerated, verbal or otherwise. Any indication of such behavior by a coach or parent will result in immediate removal from the Rough Riders Training Center. We are all here to play soccer and have fun!

Referees

- The referee's will have sole jurisdiction over the conduct of the game.
- If a referee terminates a game for any reason, the score at the time of the termination will stand

Protests

- No protests will be considered or permitted
- If the league rules appear to be violated, the matter may be brought to the attention of the League Director for the final resolution
- All decisions made by the League Director will be final

Inclement Weather

Unfortunately we are unable to reschedule games due to inclement weather conditions.